

1	Name of Syllabus	<b>C.C. In Operators Course in Beauty Culture (405106)</b>																																		
2	Max.Nos of Student	25 Students																																		
3	Duration	6 Month																																		
4	Type	Part Time																																		
5	Nos Of Days / Week	6 Days																																		
6	Nos Of Hours /Days	4 Hrs																																		
7	Space Required	Practical Lab = 200 Sq feet <u>Class Room = 200 Sq feet</u> TOTAL = 400 Sq feet																																		
8	Entry Qualification	4 <sup>th</sup> Pass																																		
9	Objective Of Syllabus/ introduction	To train student in beauty work																																		
10	Employment Opportunity	1) This will enable the candidate to work as an Operator 2) can be employed on salary + commission basis																																		
11	Teacher’s Qualification	Diploma / Certificate in related course																																		
12	Exam. System	<table><tr><th>Sr. No.</th><th>Paper Code</th><th>Name of Subject</th><th>TH/PR</th><th>Hours</th><th>Max. Marks</th><th>Min. Marks</th></tr><tr><td>1</td><td>40510621</td><td>Skin Care</td><td>PR - I</td><td>6 hrs</td><td>200</td><td>100</td></tr><tr><td>2</td><td>40510622</td><td>Superfluous hair removal</td><td>PR - II</td><td>6 hrs</td><td>200</td><td>100</td></tr><tr><td></td><td></td><td>Total</td><td></td><td></td><td>400</td><td>200</td></tr></table>							Sr. No.	Paper Code	Name of Subject	TH/PR	Hours	Max. Marks	Min. Marks	1	40510621	Skin Care	PR - I	6 hrs	200	100	2	40510622	Superfluous hair removal	PR - II	6 hrs	200	100			Total			400	200
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## **SYLLABUS – Operator’s Course in Beauty Culture**

Curriculum includes complete practical based training. This will enable the candidate to work as an operator.

### **PRACTICAL – I (Skin care)**

#### **1. Recognizing types of skin**

- 1) Manicure and Pedicure :-**
  - 1) Preparation of client for manicure and pedicure.**
  - 2) Perform manicure/pedicure by cleansing, shaping moisturizing, massaging and polishing with nail polish.**
- 2) manicure types :-**
  - 1) Oil manicure**
  - 2) Plain manicure**
  - 3) French manicure**
- 3) Pedicure :-**
  - 1) Oil pedicure.**
  - 2) foot spa pedicure or treatment.**
- 4) Practice of putting sticker mehendi and colourful sparkle mehendi etc.**
- 5) Facial :-**
  - 1) Practice of massage manipulation on face.**
  - 2) Recognize different skin types selection of cream and pade according to skin types.**
  - 3) Practice in cleansing face and neck thoroughly.**
  - 4) Practice facial massage with hand and vibration.**
  - 5) Extracting black heads and white heads.**
  - 6) Application of face pade.**
  - 7) Practice in giving different types of facials :-**
    - 1) Dry skin facial**
    - 2) Oily skin facial**
    - 3) Normal skin facial**
  - 8) Galvanic facial :-**
    - 1) juice facial**
    - 2) fruit facial**
    - 3) vegetable facial, etc**

- **Nail shaping technique**
- **Nail Arts technique**

## **PRACTICAL – II (Superfluous hair removal)**

- 1) Waxing: - Types of wax :-
  - 1) Hot wax-waxing
  - 2) Cold wax-waxing
  - 3) Hair removing cream
- 2) Bleaching :-
  - 1) Preparation of client and trolley for bleaching.
  - 2) Technique of preparation of bleach pack.
  - 3) Allergy test.
  - 4) Use of various types of Bleach
    - 1) Cream Bleach: - Oxy bleach cream, Herbal bleach cream, with the help of activator.
    - 2) Powder Bleach: - Wena bleach powder, with the help of cream Hydrogen Peroxide.
- 3) Threading :-
  - 1) Measuring the brow for correct length and arch.
  - 2) Procedure for giving an eyebrow shaping.
  - 3) Upper lip threading technique.
  - 4) Side Block threading technique.
  - 5) Forehead threading technique etc.

### **List of tools, equipments and furniture.**

<b>1</b>	<b>Facial sawrna</b>	<b>04 Nos</b>
<b>2</b>	<b>Galvanic unit machine</b>	<b>02 Nos</b>
<b>3</b>	<b>Pack brush</b>	<b>15 Nos</b>
<b>4</b>	<b>Plastic bowls</b>	<b>12 Nos</b>
<b>5</b>	<b>Vibromassager</b>	<b>4 Nos</b>
<b>6</b>	<b>Hot and Cold opener</b>	<b>02 Nos</b>
<b>7</b>	<b>Manicure set</b>	<b>12 Nos</b>
<b>8</b>	<b>Foot scraper</b>	<b>12 Nos</b>
<b>9</b>	<b>Nail filer</b>	<b>12 Nos</b>
<b>10</b>	<b>Manicure Bowls</b>	<b>12 Nos</b>
<b>11</b>	<b>Pedicure Bowls</b>	<b>06 Nos</b>
<b>12</b>	<b>Wax heater</b>	<b>06 Nos</b>
<b>13</b>	<b>Wax application</b>	<b>04 Nos</b>
<b>14</b>	<b>Black head opener</b>	<b>12 Nos</b>
<b>15</b>	<b>Geyser 25 list</b>	<b>1 Nos</b>

### **REFERENCE BOOK**

Dekhane Roop Maze by Archana Narkhede.

Beauty Recipes by Urvashi Dave.

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